

Lismore Public School

Excellence, Opportunity and Success

Term 1 Week 11

5th April 2016

NEWSLETTER



We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation.
We acknowledge that they are the first peoples of this land on which our school stands.

Harmony Day



Date	Event	Venue	Cost	Time
5/4/16	Scripture	LPS		2pm
8/4/16	Anzac Assembly - Awards distributed at Afternoon Muster 3pm	LPS	NIL	10:15am - 11am
8/4/16	Last Day of Term 1			
25/4/16	ANZAC Day March	Assemble at Browns Creek Car Park	NIL	8:30am
26/4/16	Term 2 Pupil Free Day	LPS		
27/4/16	Term 2 Students Return	LPS		
27/4/16	Life Education Van	LPS	PAID	9:30am
29/4/2015	School Assembly	LPS		2:30pm

RIGHTS - Be Safe and Learn

Principal's Report

Autism Awareness Month

April is Autism Awareness Month. Please take a moment to read the message in this newsletter.

Medication, Health Care Plans and Allergies

We have several students at school who require medication and/or have significant health issues such as allergies and asthma. If students require medication to be administered at school, parents/carers must ensure that the medication is in its original packaging with the prescribed dosage and time that the medication needs to be taken, parents will also need to fill in a health care plan at the office.

All children with asthma require a current asthma plan signed by their doctor and a form will also be needed to be filled out at the school front office.

We have several students who suffer **severe anaphylactic reactions**. These children require an ACSIA plan signed by their doctor and an **in date epipen** to be kept at school.

Please remember children are not to share food and we ask families to avoid sending peanut products to school.

Anzac Day – Assembly Friday 8th April

Don't forget we have our Anzac Day assembly this Friday in the hall from 10.15am. Children are asked to bring flowers or greenery to contribute to wreath making which can be taken to the back door of the staffroom Friday morning. Parents, other family members and friends are welcome to join us.

Anzac Day March – Monday 25th April

All students are encouraged to march with the school on Anzac Day. We will be assembling in Browns Creek Carpark at 8.30am for a 9.00am start. The march finishes at the Cenotaph at the entrance to the Lismore Baths. Parents can collect their children as the march concludes, or children will stay with staff until the conclusion of the service. Parents please inform the teacher before leaving. Children require full school uniform (including blue broad brimmed hats) and a drink bottle.

Congratulations Cooper and Jordan

Well done to Cooper M-E and Jordan B who both successfully tried out for the Northern Rivers Zone PSSA Soccer teams last week. They will now represent the Northern Rivers in the North Coast Trials next term.

Life Education

All students in Kindergarten to Year 4 are reminded to return their Life Education notes and money by the end of term.

Holidays

I would like to thank the dedicated staff at Lismore Public School for their ongoing efforts to support our students during Term 1. I hope all staff and students enjoy a well-earned break and look forward to seeing all students at the commencement of Term 2. Note: Tuesday 26th April is a Staff Development Day and **students return Wednesday 27th April.**

Martin Gill

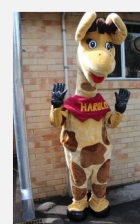
Principal

Year 5 Entry to an Opportunity Class 2017

If your child is interested in applying for the 2017 Opportunity class please see the note attached to this week's newsletter for more details.

Life Education Van Visit

The Life Education Van will be at Lismore Public School on 27th & 28th April, 2016 and 2nd, 3rd & 4th May, 2016. As these dates fall in the first and second week of Term Two we have sent out the permission notes and asking that the notes and money be returned before the holidays. A second note will go home today with students who haven't paid.



RESPECT - Be Caring and Polite

RESPONSIBILITY:

Be Accountable

1/2D would like to remind students to bring their blue broad brimmed hat every day.



It's important to wear a hat because you can run out in the playground.
Kaliah M

It's important to wear your hat so you don't get sun burnt. Kaysey C



If you bring a hat to school you can go to the playground and play on the fixed equipment. Matilda K

Bring a broad brimmed hat so you can play soccer! Isaac J

Canteen News



"The new Winter Menu for Term 2 and Term 3 will go home to students this week. Due to the school communities support of the canteen we are proud to announce NO CHANGE to prices for this menu despite increases from our suppliers.

We hope you will all continue your support so we can continue to keep our pricing as low as possible.

Thanks! Canteen Committee."

Jen - Canteen Coordinator

Mrs B's Running/Fitness Club

Anyone interested in getting fit or having fun running or jogging may join me at school



When: Friday

Time: 8.15am

Mrs Barlow

Captains' Message

Welcome to week 11 boys and girls
This term is almost finished we only have four days until two weeks holidays we all hope you have a great holiday.

Remember to always bring your hat to school

Captains: Emmeline, Cooper

Vice Captains: Maia, Beau



April is Autism Awareness month. Lismore Public School has two support classes that provide intensive support for students with autism. The school is also continuing to implement strategies that will support students with autism in mainstream. Many teachers use visual supports to provide additional guidance for all students in their classrooms. This can be as simple as an individual written schedule, colour coding aligned with subject areas, photos or Boardmaker Symbols. Visuals also play an important role in support self-regulation and the development of social skills. Many classes are also using The Zones of Regulation to support self-regulation. Please see the link below for more information. Several parenting courses are offered throughout the year that are designed to support all parents/ carers with the everyday challenges of parenting, with a particular emphasis on students with additional needs, such as autism. These are advertised on Facebook and in the newsletter. Individual sessions are also available. Please contact Jennifer Lumley at the school if you wish to organise some of these sessions. All seminars and individual sessions are free. Please see the links below.

Autism Spectrum Australia - <https://www.autismspectrum.org.au/>

Zones of Regulation - <http://mrsduranteszones.weebly.com/the-zones-of-regulation.html> and <https://prezi.com/4ppl4zidmgep/zones-of-regulation/>

Visual supports for basic routines and activities - <http://www.visualaidsforlearning.com/free-sequences.html>

Triple P Stepping Stones Parenting - <http://www.triplep-steppingstones.net.au-en/home/>

The ZONES of Regulation® Reproducible E The Zones of Regulation Visual

The ZONES of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control

RESPONSIBILITY - Be Accountable

Teacher's Choice Awards

KC: Isabella, Levi

KM: Nikolai,

1/2D: Shikinah, Grace

1/2G : Tanisha, Jordan

1/2S: Ariki

3/4H: Kyrra, Jade

3/4J: Collin, Anna

3/4S: Kim, Hunter

3/4N: Kiarna, Amisi

5/6C: Caleb, Ethan



Awards will be presented to students at Friday Assembly.

Reminder

Could all parents/carers who have not sent their child's long term permission note back to school, please do so at your earliest convenience. It would be much appreciated as we have some wonderful photos that we can use in our newsletter, but without the forms being returned and signed unfortunately we can't publish your child/children.

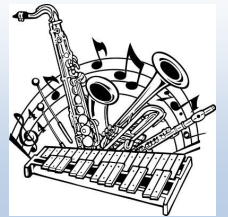
Forms can be download from the following link. <http://goo.gl/FhEu8C>

HOST A BIG SISTER OR BIG BROTHER FROM EUROPE IN JULY!

My name is Elizabeth Gardner. I am a volunteer local coordinator for World Education Program (WEP) in the Northern Rivers area of NSW and I am looking for local families to host 15-18 year-old exchange students from France, Italy, Belgium, Finland, the Netherlands and Brazil from July for their 3, 5 and 11 month programs. These students are coming to Australia to learn what it is like to live as a local teenager, attend a local school and become a valued member of a local family. It's a unique opportunity to for your children to enjoy and learn from a big brother or big sister for a few months from Europe – a chance to open their minds to a new culture, new language and new foods! In my role as a WEP coordinator I will provide ongoing support to you and your student to ensure that the experience is a rewarding one for you all. Having been the WEP coordinator, supporting six delightful exchange students and their local host families, and having hosted several students myself, I believe that any student coming to this area stands to gain from living a remarkable, authentic Australian lifestyle that they will treasure for always. To start on this adventure of making life-long friends with adventurous, motivated students who have chosen Australia as their exchange destination please email me now elizabethgardner55@gmail.com or contact WEP on **1300 884733**, sylviakelly@wep.org.au or visit www.wep.org.au for more information and to choose your student!

Term 2 Music Fees

Term 2 Music Fees are now due. Term 2 is a 10 weeks term - \$100.00 plus \$20.00 instrument hire



Family Support Network

BRINGING UP TEENS

A group for everyone who is raising teenagers!

Tuesdays 10am - 12.30 pm on May 3, 10, 17 & 24.

Bookings essential 6621 2489.

143 Laurel Avenue Lismore, parking in Shepherd Lane.

Building skills to deepen and strengthen your relationships.

Share stories & gain support.





Rainbow Region Kids
BOOK NOW

LISMORE VACATION CARE
Is now taking bookings for the
April 2016 School holidays

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nrcg.org.au
rrkassist@nrcg.org.au

Play,
Learn
and
Grow...
Together!



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